

Disaster Preparedness

A Community Discussion



Alaska State Defense Force



Alaska State Defense Force

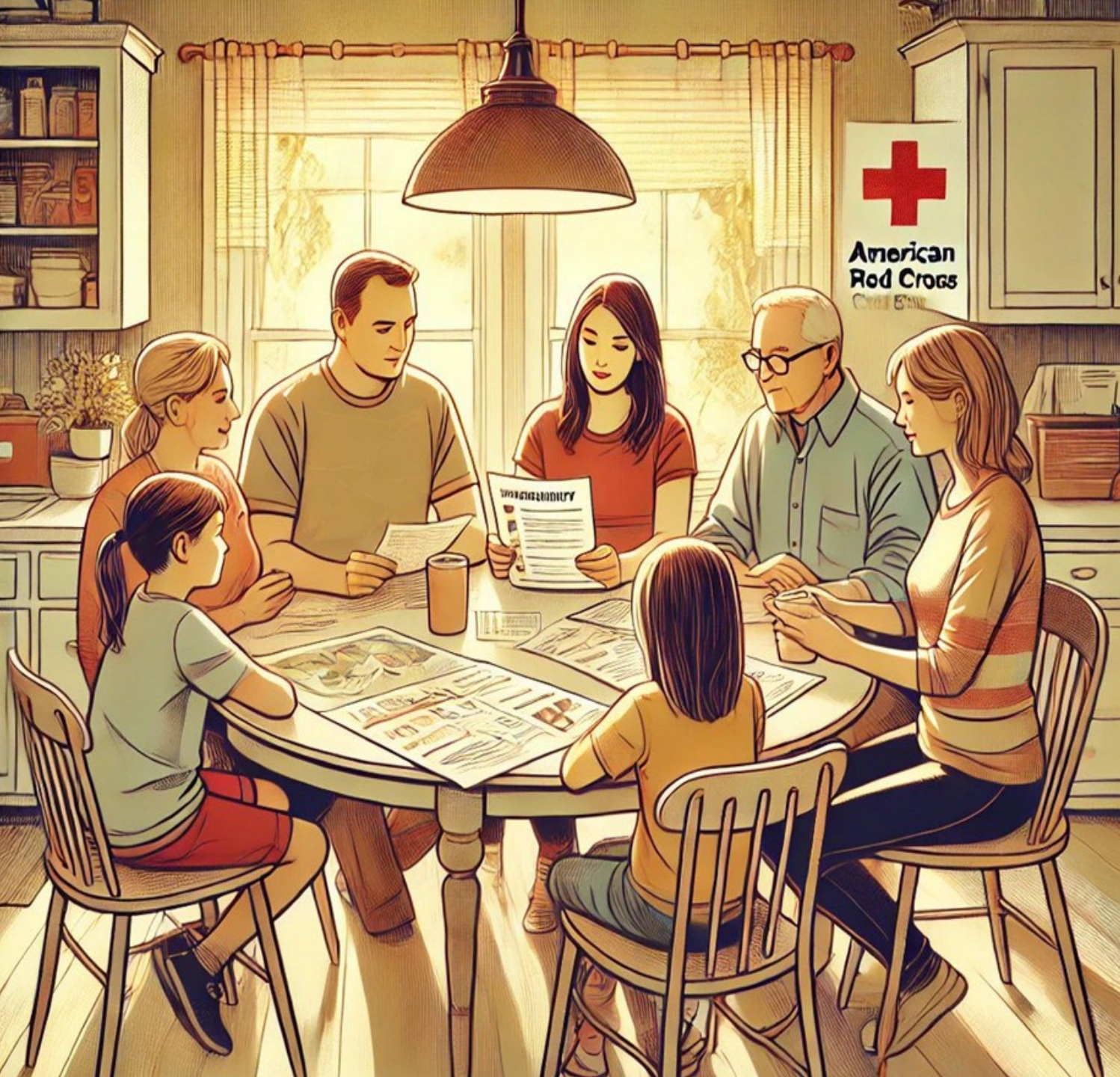


Community discussion regarding disaster preparedness, family emergency planning, when to shelter, when to leave



Part 1: Emergency Planning
Part 2: Bug Out / Bug In
Part 3: Go Bag
Part 4 Emergency Supplies





Family Disaster Plan

Family Last Name(s) or Household Address: _____ Date: _____

Family Member/Household Contact Info (If needed, additional space is provided in #10 below):

<u>Name</u>	<u>Home Phone</u>	<u>Cell Phone</u>	<u>Email</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Pet(s) Info:

<u>Name</u>	<u>Type</u>	<u>Color</u>	<u>Registration #</u>
_____	_____	_____	_____
_____	_____	_____	_____

Plan of Action

1. The disasters most likely to affect our household are:

2. What are the escape routes from our home?

3. If separated during an emergency, what is our meeting place near our home?





NOAA
EMERGENCY WEATHER RADIO

https://www.amazon.com/Midland-WR120B-WR120EZ-Certified-Trilingual/dp/B00176790Y/ref=sr_1_3?crid=1288D432MFRT&keywords=emergency... | Clinic Prime Video Prime Buy Again Health & Household Products Amazon Home Coupons Beauty & Personal Care Pet Supplies Smart Home Home Improvement Pharmacy Amazon Basics Amazon Business

Audio & Theater Premium Audio Headphones Home Theater Systems Speakers Wireless Audio Stereo System Components Accessories Deals

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Midland - WR120B - NOAA Emergency Weather Alert Radio - S.A.M.E. Localized Programming, Trilingual Display, 60+ Emergency Alerts, & Alarm Clock (WR120B - Box Packaging)

Visit the Midland Store
4.6 ★★★★★ 18,287 ratings | 501 answered questions
Amazon's Choice for "emergency alert radio"

\$34.88
List Price: \$49.99 @ -13%

Save up to 2% with business pricing. Sign up for free Amazon Business account.
Earn 5% back (\$1.74 in rewards) on the amount charged to your Prime Visa.
May be available at a lower price from other sellers, potentially without free Prime shipping.

Brand: Midland
Color: White
Special Feature: Built-In Clock
Connectivity Technology: USB
Product Dimensions: 6" L x 5" W x 1.5" H

Ships from Amazon
Sold by Midland Radio
Returns: Eligible for Return, Refund
Support: Free Amazon product...

Details

Add a Protection Plan:
 3-Year Protection for \$4.99
 2-Year Protection for \$2.99
 Tech Unlimited - Protect Many Devices with 1 Plan (Renews Monthly Until Cancelled) for \$16.99/month

Deliver to Lisa Ketchikan 99901

weather alert radio

Electronics New Arrivals Deals Cell Phones Computers TV & Video Headphones Office Electronics Camera & Photo

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Emergency Radio Raynic 5000 Weather Radio Solar Hand Crank AM/FM/SW/NOAA Weather Alert Portable Radio with Cellphone Charger, Headphone Jack, Flashlight, Reading Lamp and SOS Alarm (Yellow)

Visit the Raynic Store
4.5 ★★★★★ 14,730 ratings | Search this page
Amazon's Choice

2K+ bought in past month

\$35.99
Typical price: \$39.99 @ -10%

Exclusive Prime price
Get a \$50 Gift Card for each Amazon Visa. Earn up to \$500.

Color: Yellow-LCD Display
\$35.99 prime
\$42.99 prime

Bundles with this item



Family Disaster Plan

Family Last Name(s) or Household Address:

Date:

Family Member/Household Contact Info (If needed, additional space is provided in #10 below):

Name

Home Phone

Cell Phone

Email:

<u>Name</u>	<u>Home Phone</u>	<u>Cell Phone</u>	<u>Email:</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Pet(s) Info:

Name:

Type:

Color:

Registration #:

<u>Name:</u>	<u>Type:</u>	<u>Color:</u>	<u>Registration #:</u>
_____	_____	_____	_____
_____	_____	_____	_____

Plan of Action

1. The disasters most likely to affect our household are:

2. What are the escape routes from our home?

3. If separated during an emergency, what is our meeting place near our home?





Cell phones may not work, Searching for absent family members may not be possible, Prepare in advance, Consider your pets and Be ready to leave with 72 hours of supplies

BUG OUT

BUG IN



Reasons to Bug-Out

- Mandatory Evacuation orders
- Severe Danger
- Structural Damage to home
- Lack of essential resources
- Medical Emergencies
- Roads still accessible
- Concerns for family members
- Community Support and Shelters
- Deteriorating environmental conditions
- Preplanned evacuation strategy



Reasons to Bug-In

- Safer Indoors
- Better Resources at Home
- Uncertain Travel Conditions
- Communication and Information Access
- Community and Security
- Less Strain On Emergency Services
- Easier to care for vulnerable individuals and pets.
- No Immediate Danger



Emergency kit / Bug Out bag

- Water (In Ketchikan at least two water bottles per person with water filtration device)
- Non-perishable food (enough for at least three days)
- First aid kit
- Flashlight and extra batteries
- Fire starter
- Tent or tarp for shelter
- Sleeping bag and/or blanket
- Moist towelettes, garbage bags, and plastic ties for personal sanitation
- Dog/Cat food if applicable
- Knife/Firearm if trained
- Maps
- Cell phone charger and extra battery pack
- Copies of important documents
- Extra clothes and blankets
- Cash
- Portable radio / GPS unit





BUG OUT BAG CHECKLIST

FOOD & WATER

- o Personal daily rations for three days
- o 32 oz water bottle (It's recommended to drink 8 oz, eight times throughout the day = 64oz.)
- o Water purification tablets/or Water filtration device
- o Camping cook set, utensil,

LIGHT & WARMTH

- o Flashlight with extra batteries and/or solar/hand crank light
- o Glow sticks
- o Candles (Seal these in a Ziploc bag to prevent oil & wax from leaking onto your other items)
- o Matches, lighter
- o Tent / Tarp
- o Hand or foot warmers
- o Emergency blanket and/or light weight blanket
- o Sleeping bag

CLOTHING

- o Extra clothing (shirt, pants, thermals or under armor, underwear, socks)
- o Beanie, baseball cap
- o Gloves
- o Belt
- o Poncho / Rain gear

FIRSTAID

- | | | |
|-----------------------------|-----------------------|-------------------|
| o Lg., med., & sm. bandages | o Antibiotic ointment | o Surgical gloves |
| o Medication | o Tweezers | |
| o Eye drops | o Moleskin | |
| o Pain reliever | o Headache medicine | |

TOILETRIES

- | | |
|---------------------|-----------------------------|
| o Toothbrush | o Toothpaste |
| o Small bar of soap | o Lotion / Chapstick |
| o Toilet paper | o Feminine hygiene products |
| o Hand sanitizer | |

COMMUNICATION

- | | | |
|-----------------------|-------------------------------|-----------------------------|
| o Radio | o Notepad & pencil | o Calling card |
| o Whistle | o Power stick battery charger | o Cell phone & charger cord |
| o GPS / Sat messenger | | |

MISCELLANEOUS

- | | | |
|----------------|-----------------------------------|--------------|
| o Duct tape | o Black garbage bags | o Leatherman |
| o Map | o Compass | o Scriptures |
| o Pocket knife | o Self Defense items (if trained) | |

DOCUMENTS - Carry Copies Of:

- | | | |
|------------------------------------|-----------------------------|---------------|
| o Drivers License | o Picture of family members | o Credit Card |
| o Contact list of family & friends | | |





GEERTOP Ultralight Bivy Tent for 1 Person 3 Season Waterproof Single Person Backpacking Tent for Camping Hiking Backpack Travel

Outdoor Survival Gear



Visit the GEERTOP Store

4.5 1,077 ratings | 38 answered questions

Amazon's Choice for "geertop 1 person tent"

\$94.99

Earn 5% back (\$4.74 in rewards) on the amount charged to your Prime Visa.

Color: Camouflage



Purchase options and add-ons

Payment plans

From \$15.83/mo (6 mo) with 0% APR

Special Feature Portable, Windproof, Ultralight, Waterproof, Lightweight, UVProtection, Rainfly

Brand GEERTOP

Occupancy 1 Person

Design Bivy Sack

Material Polyester, Aluminum, Polyurethane, Fabric

Recommended Backpacking travel, Camping & Hiking,

[See more](#)

\$94.99

FREE delivery Monday, June 5

Deliver to Lisa - Ketchikan 99901

In Stock

Qty: 1

Add to Cart

Buy Now

Payment Secure transaction
Ships from Amazon
Sold by GEERTOP (US)
Returns Eligible for Return, Refund or Replacement within 30 days of receipt
Packaging Shows what's inside

Add a Protection Plan:

2-Year Protection for \$7.99

Add a gift receipt for easy returns

Add to List

Add to Baby Registry

Add to Registry & Gifting





SAVE \$10 when you try Amazon pickup Find out more

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LifeStraw Personal Water Filter for Hiking, Camping, Travel, and Emergency Preparedness



Roll over image to zoom in



Visit the LifeStraw Store
4.8 ★★★★★ 108,076 ratings | 1000+ answered questions
#1 Best Seller in Camping & Hiking Water Filters

-12% \$17⁴⁷

List Price: \$19.95

Earn 5% back (\$0.87 in rewards) on the amount charged to your Prime Visa.

Color: Blue



Style: 1 Pack



Brand LifeStraw
Color Blue
Special Feature Protects against 99.999999% of bacteria (including E.coli, Salmonella), 99.999% of parasites (including Giardia and Cryptosporidium), 99.999% of microp...
[See more](#)
Product Dimensions 8.66"L x 0.98"W x 0.98"H
[See more](#)

\$17⁴⁷

FREE delivery for Prime members

\$6.99 delivery **Wednesday, May 10**

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In Stock

Qty: 1

Add to Cart Buy Now

Payment Secure transaction
Ships from Amazon.com
Sold by Amazon.com
Returns Eligible for Return, Re...

Details
 Add a gift receipt for easy returns

Add to List
Add to Baby Registry
Add to Registry & Gifting

Add other items:

Eurow Indoor and Outdoor Collapsible Bucket with Handle, 10 Liters, 2.6 Gallons, Gray an...
\$14.99 Add to Cart





Garmin 010-01735-10 inReach Explorer+, Handheld Satellite Communicator with Topo Maps and GPS Navigation



Roll over image to zoom in



Brand: GPS City
4.7 ★★★★★ | 1,576 ratings | 360 answered questions

Amazon's Choice for "garmin inreach explorer plus"

\$489⁹⁵

Save up to 1% with business pricing. Sign up for free Amazon Business account
Earn 5% back (\$24.49 in rewards) on the amount charged to your Prime Visa.
May be available at a lower price from other sellers, potentially without free Prime shipping.

Purchase options and add-ons

Payment plans ▼
From \$40.83/mo (12 mo) with 0% APR

Brand	GPS City
Screen Size	2.3 Inches
Special Feature	Bluetooth
Connectivity technologies	Bluetooth
Map Type	North America
Sport	Camping & Hiking

[See more](#)

About this item

- 100 percent global Iridium satellite coverage enables two way text messaging from anywhere (satellite subscription required)
- Trigger an interactive SOS to the 24/7 search and rescue monitoring center
- Track and share your location with family and friends. Water rating : IPX7. Battery : Rechargeable internal lithium ion
- Pair with mobile devices using the free earthmate app for access to downloadable maps, U.S. NOAA charts, color aerial imagery and more

Buy new:
\$489⁹⁵

FREE delivery for Prime members

\$6.99 delivery May 9 - 11

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Only 20 left in stock - order soon

Qty: 1 ▼

Add to Cart

Buy Now

Payment Secure transaction
Ships from Amazon
Sold by DealsDailyUS
Returns Eligible for Return
Support Free Amazon pro...

Details

Add a Protection Plan:

- 3-Year Protection for \$57.99
- 2-Year Protection for \$42.99
- Tech Unlimited – Protect Many Devices with 1 Plan (Renews Monthly Until Cancelled) for \$16.99/month
- Add a gift receipt for easy returns

Save with Used - Like New \$449⁹⁹

FREE delivery for Prime





Don't Die In The Woods - World's Toughest Survival Bivy [with Hood Extension] Extra-Thick Emergency Sleeping Bag with Ripstop Nylon Stuff Sack - Built with Space Blanket Thermal Mylar



Roll over image to zoom in

[Back to results](#)

Visit the [Don't Die In The Woods Store](#)
4.7 ★★★★★ 2,026 ratings

-20% \$19.95

List Price: \$24.95

prime

Earn 5% back (\$0.99 in rewards) on the amount charged to your Prime Visa.
May be available at a lower price from other sellers, potentially without free Prime shipping.

Color: Army Green



Brand Don't Die In The Woods
Color Army Green
Occupancy 1 Person
Seasons All Seasons

Buy new: ^

\$19.95

prime

FREE delivery Monday, June 5

Deliver to Lisa - Ketchikan 99901

In Stock

Qty: 1

Add to Cart

Buy Now

Payment Secure transaction
Ships from Amazon
Sold by Don't Die In The Woods
Returns Eligible for Return, Refund or Replacement within 30 days of receipt

Add a gift receipt for easy

Emergency Silver Mylar Thermal Compact Waterproof Blankets for First Aid Kits, Natural Disasters Equipment, Retain Body Heat, Keeps You Warm (Pack of 10)



Visit the [Super Z Outlet Store](#)
4.5 ★★★★★ 308 ratings | 11 answered questions

\$8.99 (\$0.90 / Count)

prime

Pay ~~\$8.99~~ \$0.00 after using available Amazon Visa rewards points.

Brand Super Z Outlet
Special Feature Waterproof
Style Compact
Blanket Form Emergency Blanket
Age Range (Description) Adult

Additional Details

Small Business
This product is from a small business brand. Support small. [Learn more](#)

[Report incorrect product information.](#)

\$8.99 (\$0.90 / Count)

prime

FREE delivery Monday, June 5

Deliver to Lisa - Ketchikan 99901

In Stock

Qty: 1

Add to Cart

Buy Now

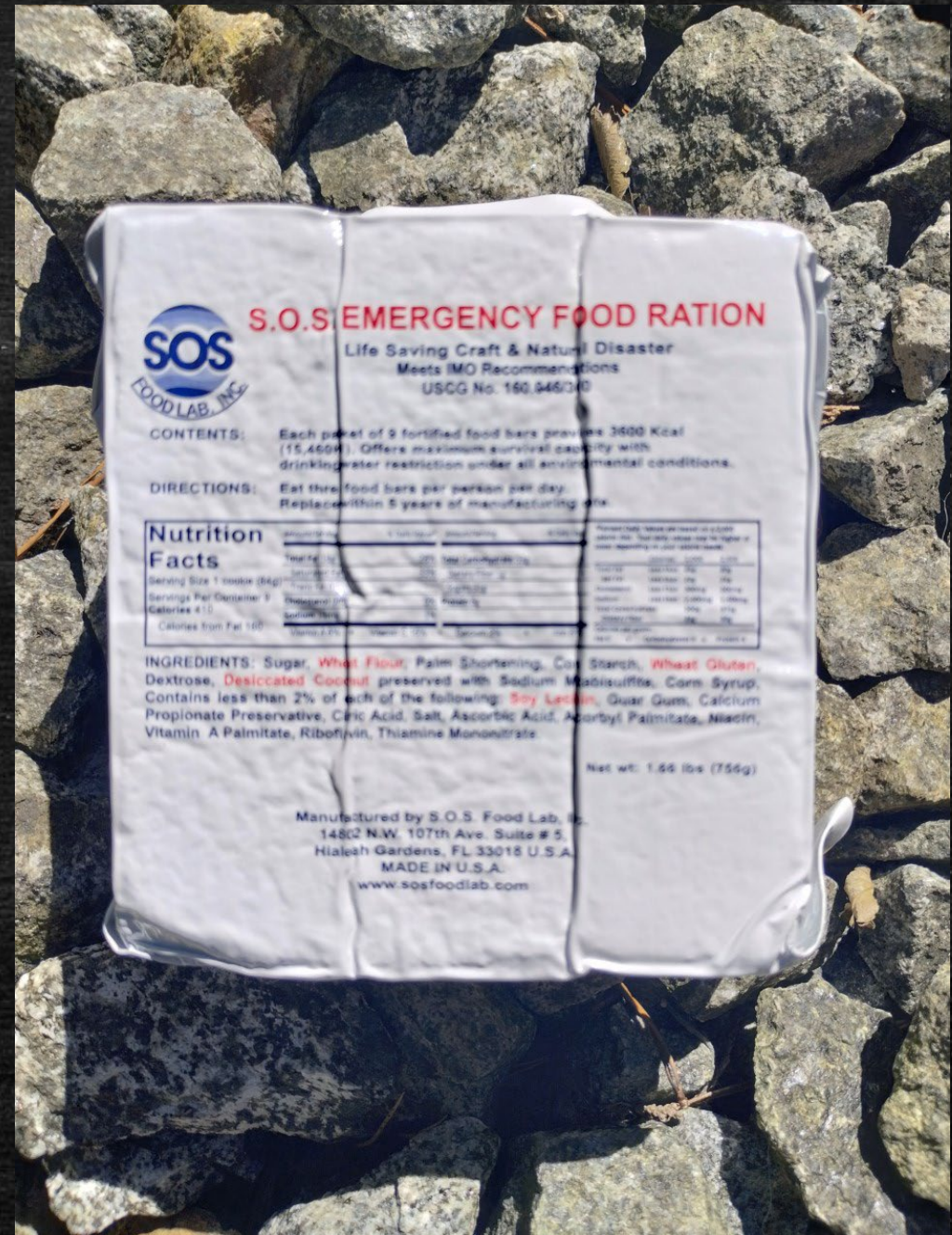
Payment Secure transaction
Ships from Amazon
Sold by Super Z Outlet
Returns Eligible for Return, Refund or Replacement within 30 days of receipt

Add a gift receipt for easy returns

Add to List

Add to Baby Registry











Other Considerations





Questions

